

BREAKFAST

CLASSIC BREAKFAST

2 eggs with your choice of ham, bacon or sausage, hash browns and toast 8.95 **gf**

3 UNDER SANDWICH

A fried egg, ham or bacon with melted mixed cheese on a brioche bun 4.95 **gf**

Add a hash brown patty 1.50

BREAKFAST WRAP

Scrambled eggs, diced ham or bacon, mixed peppers, green onions and melted mixed cheese wrapped in a tortilla and served with salsa 8.25 **gf**

EGG SCRAMBLER

Scrambled eggs with diced ham, bacon or sausage, peppers, green onions and melted mixed cheese over hash browns. Served with toast 9.95 **gf**

THE LINKS OMELET

3 eggs, hash browns and toast 9.75 **gf**

Options • ham • bacon • sausage • tomatoes • mixed cheese • green onions • mixed peppers • mushrooms

VANILLA CINNAMON FRENCH TOAST

Served with hash browns and your choice of ham, bacon, sausage or strawberries and whipped cream 9.25 **gf**

BELGIAN WAFFLE

Served with bacon, ham, sausage or strawberries and whipped cream 8.25

SOUPS & SALADS

SOUP OF THE DAY

Ask your server for the featured soup of the day 3.75 **gf**

SOUP & SANDWICH COMBO

A cup of our daily featured soup with a half turkey club 7.95 **gf**



SPINACH & GOAT CHEESE SALAD

Spinach, pecans, mushrooms, diced mixed peppers, goat cheese and red onion in a berry balsamic vinaigrette. Served with garlic toast 9.95 **gf**

CAESAR SALAD

Crisp romaine, fresh grated parmesan and focaccia croutons tossed in a creamy caesar dressing. Served with garlic toast 8.95 **gf**

COBB SALAD

Chopped greens, egg, tomato, bacon, blue cheese, avocado and green onions tossed in a ranch dressing. Served with garlic toast 9.95 **gf**

Add grilled chicken to any of the salads above 3.75

TACO SALAD

Chicken or beef, chopped greens, diced mixed peppers, green onions, tomatoes, mixed cheese with salsa, sour cream and tortilla chips 9.95 **gf**

APPETIZERS

SALT & PEPPER DRY RIBS

Sea salt and cracked pepper boneless ribs served with honey mustard sauce 10.25

WINGS

Served with carrot and celery sticks, choice of ranch or blue cheese dressing (1lb) 13 • (2lb) 19 **gf**

hot • teriyaki • honey garlic • sweet chili • salt & pepper • BBQ • orange ginger • extreme hot

ROASTED VEGETABLE FLATBREAD

Zucchini, tomatoes, mushrooms, red onions, mixed peppers, broccoli, cauliflower, mozzarella and sundried tomato pesto 8.95

CHICKEN ALFREDO FLATBREAD

Diced chicken tossed in a creamy alfredo sauce with tomatoes and mozzarella 9.95

SWEET CHILI CHICKEN BITES

Bite sized boneless chicken chunks lightly covered in a tangy sweet chili sauce and topped with crispy wontons 9.95



POPCORN SHRIMP

Half a pound of lightly beer battered shrimp with cocktail sauce 11.95

POTATO SKINS

6 potato wedges with green onion, bacon and melted mixed cheese served with sour cream and chive dip 9.95 **gf**

BASKET OF CHIPS

Hand cut fries, sweet potato fries or cactus cuts 4.95 **gf**

BEEF SLIDERS

4 mini burgers with lettuce, tomato, pickle, mayo and cheddar cheese 12.95

POUTINE

Hand cut fries with real cheese curds and gravy 6.95 **gf**

TEMPURA VEGETABLES

Broccoli, carrots and cauliflower with a light ponzu sauce 7.95

QUESADILLA

Diced green onions, tomatoes, mixed peppers and a blend of cheeses in a tortilla with salsa and sour cream 8.50 **gf**

Add grilled chicken or beef 3.75

FULLY LOADED NACHOS

Hand cut tortilla chips with a blend of mixed nacho cheese, tomatoes, green onions, mixed peppers, black olives and jalapeno peppers, served with salsa and sour cream 16 **gf**

Add grilled chicken or beef 3.75

PRAWN TACOS


Prawns, shredded cabbage, lemon aioli and salsa fresca in 2 soft flour tortillas 10.95 **gf**

PLATTER


Wings, tempura vegetables, cactus cuts, popcorn shrimp, dry ribs and an assortment of sauces 37.95

SANDWICHES, WRAPS & BURGERS

Sides: Fries • Sweet Potato Fries • Cactus Cuts • Soup of the Day • Caesar Salad • Tossed Salad

**ROASTED TURKEY • ROAST BEEF •
HAM & CHEESE • BLT • TUNA • VEGGIE •
EGG SALAD • GRILLED CHEESE** 5.95 

TURKEY CLUB


Roasted turkey, crisp bacon, lettuce, tomato, mayo and cheddar cheese with your choice of side 12.95 

*toasted **or** wrapped*

THAI CHICKEN WRAP


Strips of spicy grilled chicken, singapore noodles, crisp romaine, mixed peppers and green onions tossed in a thai sauce and rolled in a whole wheat tortilla. Served with your choice of side 11.75

MEDITERRANEAN WRAP

Black olives, feta cheese, tomatoes, lettuce, mixed peppers and tzatziki in a whole wheat tortilla. Served with your choice of side 8.75 

Add grilled chicken 3.75

STEAK SANDWICH

7oz New York cut served open faced with caramelized onions and mushrooms. Served on garlic toast with your choice of side 16.95 

BEEF DIP

Slow roasted beef, horseradish aoli and crispy onions on a french baguette au jus. Served with your choice of side 11.95

ENTREES

CHICKEN PENNE ALFREDO

Served with garlic toast 16.95

SPAGHETTI & MEATBALLS

Made in house with pomodoro sauce and garlic toast 10.95

baked with mozzarella cheese 1.50


CHICKEN FINGERS

Served with fries and plum sauce for dipping 10.95

GINGER BEEF


Crispy beef tenders, sautéed julienne peppers and vegetables tossed in a spicy ginger glaze and served over pan fried crispy singapore noodles 12.95

GRILLED CHICKEN BURGER

4oz chicken breast prepared with honey mustard mayo, lettuce, tomatoes, red onion and pickles on a toasted brioche bun. Served with your choice of side 12.95 

*cajun, bacon & cheddar **or** mushroom & swiss*


LOADED BURGER

Fully loaded 6oz sirloin beef patty with lettuce, tomatoes, red onion, pickles, mayo and mustard on a toasted brioche bun. Served with your choice of side 12.95 

*bacon & swiss **or** mushroom & swiss*



RICE BOWL


Diced chicken, beef or prawns with steamed vegetables served over coconut jasmine rice 11.95 

*teriyaki **or** butter chicken*


FISH & CHIPS

8 ½ oz filet of battered haddock served with our southwest coleslaw, fries and our in house tartar sauce 14.99


KENTUCKY BBQ RIBS

Slow cooked baby back ribs glazed in a sweet bold kentucky style BBQ sauce. Served with potato and fresh seasonal vegetables
Half 16.95 • Full 19.95 


GRILLED CHICKEN

6oz chicken breast in a creamy white wine and mushroom sauce. Served with potato and fresh seasonal vegetables 17.95 


9oz AAA CANADIAN STRIPLOIN STEAK

Aged to perfection, cut fresh in house and charbroiled with caramelized onions and mushrooms. Served with potato and fresh seasonal vegetables 19.95 

ATLANTIC SALMON FILET

Tender salmon filet baked with a ginger lime glaze. Served with coconut jasmine rice and fresh seasonal vegetables 17.95 

*GST Not Included

 Item can be made gluten free